



# Go with the flow

Feeling inspired? Use this space to pen a few lines of (imperfect) poetry.

into self.

I will sway as I grow,

but here,

in this in-between,

for a while.

I am nurtured -



Penned a poem?

Share it with us on socials  
@teenbreatheau or email us  
at [editor@teenbreathe.com.au](mailto:editor@teenbreathe.com.au)